

WORK EXPERIENCE SAFETY WORKSHEET

Client Name: _____ Age: _____ SSN _____

Worksite: _____ Job Title: _____

Worksite Supervisor: _____ Telephone: _____

Child Labor Laws Restrictions:

Hours:

- Under the Fair Labor Standards Act, children under sixteen (16) can work between 7a.m. and 7p.m., except from June 1 through Labor Day, when evening hours are extended to 9p.m. If the employer is not covered under the Fair Labor Standards Act, the hours are 7a.m. to 10p.m.
- Children under sixteen (16) can work up to 3 hours on a school day, 18 hours in a school week, 8 hours on a non-school day, and 40 hours on a non-school week. If the employer is not covered under the Fair Labor Standards Act, the children under (16) may not work more than 8 hours in one day, nor more than 40 hours in one week.

Occupations:

- Children under the age of 18 are not allowed to work in hazardous occupations. (29CFR570 Subpart E)
- Prohibited hazardous occupations include:
 - Manufacturing or Meat Packing.
 - Work in connection with maintenance or repair of the establishment, machines or equipment
 - Outside window washing that involves sills, and all work requiring the use of ladders, scaffolds, or their substitutes.
 - Loading and unloading goods to and from trucks, rail-road cars, or conveyors.
 - Work preformed in or about boiler or engine rooms.
 - Construction
 - Operation or tending hoisting apparatus or of any power-driven machinery.
 - Operation of motor vehicles or forklifts.
 - Mining, Logging, Roofing, Excavation, or demolition.
 - Cooking (except at soda fountains, lunch counters, snack bars, or cafeteria serving counters) and baking.
 - Occupations which involve operating, setting up, adjusting, cleaning, oiling or repairing power-driven food slicers and grinders, food choppers and cutters, and bakery type mixers.
 - Occupations working with explosives, radioactive material, or most power-driven machines.
 - Warehousing and storage
 - Communications and public utilities.
 - Processing occupations such as commercial laundering and dry cleaning.
 - Occupations working with explosives, radioactive material, or most power-driven machines.

Safety Requirements/Procedures
When working with sharp object, machinery, and/or hazardous material use protective equipment such as gloves, eye goggles, and aprons.
Report unsafe equipment and work practices to your employer immediately.
Understand the fire safety procedures in your workplace, including how to call or help and follow them in a fire or other emergency.
Keep all places of employment clean and orderly and in a sanitary condition. Keep floors clean and dry.
When lifting, lift with your knees, not your back. Lighten a heavy load that needs to be lifted or get help when lifting. Always make sure the load is balanced and even when lifting.
Make sure you are using any machine guarding that is provided. Do not bypass safety guards.
Follow the manufacturers instructions for machine use and cleaning.

Additional Safety Requirements/Procedures (Completed by the employer)

Employers have the primary responsibility for protecting the safety and health of their workers. Employees are responsible for following safe work practices of their employers. I have reviewed and agree to follow the safety requirements and procedures outlined in this document.

Trainee's Signature: _____ Date: _____

Employer's Signature: _____ Date: _____

Additional Teen Worker Safety Requirements can be found at www.youthrules.gov.